



BOWTECH®

PRESENTS

The Original Bowen Technique

COURSE PROSPECTUS



The Original Bowen Technique

BOWEN CANADA REGISTRY

7701 Henri Julien, Montreal, QC, Canada H2R 2B6
email : pierre.saine@bowencanada.ca

Telephone: +1 514 831-5545
Web site www.bowencanada.ca

Dear Student

Thank you for your enquiry regarding training in The Bowen Technique with the Registered Instructors of The Bowen Therapy Academy of Australia.

Please see the enclosed information for details of dates and venue. To book a place on your chosen course, please fill in the enclosed application form and return it together with your deposit to the relevant instructor. Further details of the course and venue will be sent to you.

Please do not hesitate to contact the instructors listed should you wish to clarify any points about the course or The Bowen Technique prior to enrolment.

We wish to make your training in The Bowen Technique the most positive and uplifting of experiences. To that end we are committed to helping you learn this very special bodywork in a very special way.

We look forward to welcoming you to the growing worldwide organisation of Bowen therapists.

Yours sincerely,

A handwritten signature in black ink that reads "Pierre Saine".

Pierre Saine
Coordinator of the Bowen Canada Registry

BOWTECH – *La technique Bowen originale*
Affiliated with The Bowen Therapy Academy of Australia

International Head Office of the Bowen Therapy Academy of Australia
P.O. Box 733 Hamilton, 3300, Victoria, Australia
Telephone : 0061 3 5572 3000 Website: www.bowtech.com

BOWTECH the LARGEST INTERNATIONAL BOWEN ORGANISATION in the world - by far!

Thomas A. Bowen (1916-1982) developed this technique in Geelong, Victoria. Around the time following World War II, he became interested in ways to alleviate human suffering and began to notice that certain moves on the body had particular effects. The Bowen Technique is unique in that it was developed without its originator having any previous training in any modality or discipline. In fact, he frequently stated that his work was “simply a gift from God.” Over a period of several years he developed the system as it is used today.

Bowen was extremely busy in his clinic, as was verified by the 1975 Australian government inquiry into alternative health care professionals. The study documented Bowen seeing some 13,000 patients per year as assessed over a 27-week period. Considering sessions were seven days apart and most people needed only two or three sessions, that was an amazing number of clients per year.

In 1974, while attending a National Health Conference in Adelaide, Australia, Tom Bowen was introduced to Osteopath and Natural Therapist, **Oswald Rentsch**. Although Rentsch knew nothing of Bowen’s work, he spontaneously asked if he could train with Bowen. Bowen subsequently invited Rentsch to Geelong to study with him.

During the next two and a half years Rentsch and his wife, Elaine, studied Bowen’s technique, ultimately being authorised by Bowen to document his work. Bowen had no notes, charts or manuals that they could copy, but with the help of Bowen’s receptionist, Rene Horwood, they produced a true representation of Bowen’s original technique. They then began utilizing Bowen’s methods in their clinic in Hamilton, Victoria, Australia. At Bowen’s request, it was not to be until after his death that Ossie and Elaine began teaching his technique.

The first seminar was held in Perth, Australia in 1986, and by 1990, the Rentsch’s were teaching full time. Since then, they have introduced the Bowen Technique throughout Australia, New Zealand, USA, Canada, United Kingdom, Republic of Ireland, Norway, Denmark, Austria, Germany, France, Greece, Italy, Israel, Sweden and South Africa. The number of new countries being added to this list is growing at an exciting rate.

Practitioners across the world are now using this amazing healing modality. Because this technique is so effective, it has been widely embraced by a broad spectrum of people. Health professionals are impressed by the effectiveness of the Bowen session and the diversity of problems addressed by it. It was so successful that in 1992, the Rentsches implemented a Teacher Training Programme.

Every year their instructors are assessed as to their capability, accuracy and adherence to the formula that brings success. There are currently 72 teachers registered with **The Bowen Therapy Academy of Australia** offering seminars around the globe. The Academy has taught well over 12,000 students worldwide. Many of these students remain active in their practice, and many have become Accredited Practitioners.

We look forward to training you in Tom Bowen’s remarkable technique.

Developed in the 1950's by the late Tom Bowen in Geelong, Australia, **The Bowen Technique** is a gentle but dynamic body therapy that is therapeutic and very effective. It empowers the body's own healing resources, achieving balance and harmony, and often results in fast and lasting relief from pain and discomfort. The technique is considered appropriate to use on anyone from newborns to the elderly, with any condition from sports injuries to chronic or organic complaints.

TREATMENT

A treatment comprises sequences of small gentle moves, each at specific sites on the body. There is no forceful manipulation, just a light cross-fibre manoeuvring of a muscle, tendon or ligament, pleasant to the recipient. **The Bowen Technique** taps into the body's natural feedback system that monitors the state of each muscle. As well as releasing any tension within the muscles, the moves also work on energy blocks (accumulated by injury, tension or disease), allowing increased energy flow and hence healing ability.

Treatments can be performed through light clothing, and substantial relief is frequently experienced after the first 1 or 2 sessions. Specifically, the kind of symptoms that may be helped by **The Bowen Technique** include:-

*Sports injuries - Stress & Tension symptoms - Back pain and Sciatica - Chronic fatigue
RSI & Tennis Elbow - Neck & Shoulder problems - Knee & Ankle problems -
Hayfever - Menstrual irregularities - Migraines & Headaches*

The technique not only addresses the musculo-skeletal framework but also the fascia, nerves and internal organs. The body's integrated response improves circulation, lymph drainage and aids in the assimilation of nutrients and elimination of toxins.

STUDENTS

Students are often amazed at the profound effects that result from even their earliest practice. And practitioners who may be adept at a number of modalities are usually delighted with the unique approach that Bowtech provides. While we honor all effective modalities, Mr. Bowen recommended that they not be mixed with his technique within a week's time. His reasoning will become clear as you gain understanding of his work.

The BTAA international teaching system, introduced in 2002, is designed to include review of previous material within each successive module. This allows for increased retention and facilitates progression from Modules 1 to 7 in around 9 to 12 months.

Additional requirements for full accreditation help to ensure competence and professionalism.

Successful completion of the following are requirements to become a professional Bowen practitioner subject to evaluation by a Bowtech appointed Assessor.

- * Completion of Modules 1 to 7
- * *A logbook of 50 case studies (17 Clients x 3 treatments each) or more*
- * *Written and practical assessments on Modules 3—7*
- * *A recognised Anatomy and Physiology qualification (minimum of 120 hours in Canada)** see page 9***
- * *First Aid Certification*
- * *Insurance*
- * *Pays annual fees to the Bowen Canada Registry*

We look forward to teaching you this life-changing therapy.

BOWTECH – *The Original Bowen Technique*

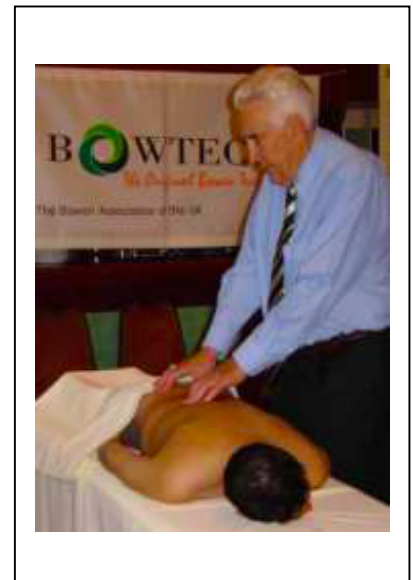
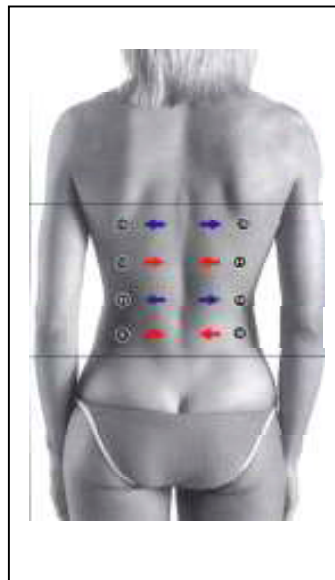
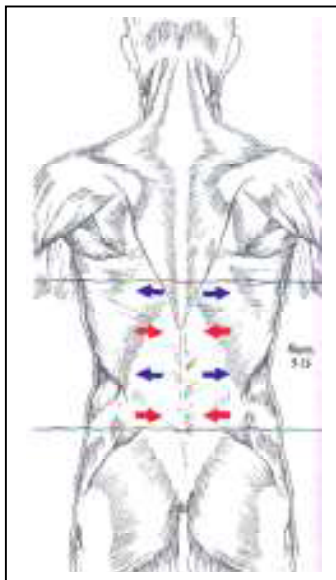
Affiliated with The Bowen Therapy Academy of Australia

THE COURSE

The seven-module course in The Bowen Technique is primarily a **hands-on** course. It consists of many hours of practical training to ensure accuracy and understanding of **what** you're doing.

The three comprehensive training manuals contain photographs and drawings so you can easily locate the precise position of each Bowen "move". Additionally there are explanatory notes for each procedure as well as guidance on how to prepare the client prior to treatment, post-treatment advice and any contra-indications to treatment. There is also a fast reference guide and glossary of terms used.

Note: This instruction manual is based upon the original notes and drawings made by Oswald Rentsch, when working in the clinic of Tom Bowen .



FEEDBACK. Here are a few comments from recent students who have undertaken the Practitioner course:

"Very pleased—I have learnt a lot in a short time"

"Very professional and very patient. Excellent sense of humour helped immensely."

"I'm very pleased and excited with what I've achieved and the prospect of now helping friends and family".

"I have taken in loads of information and now desperate to use it." "I have thoroughly enjoyed the course"

"Great course - I am very satisfied".

To enroll in the next Practitioner Course complete the yellow application form included in this folder and return to the relevant instructor with your deposit. A receipt and further details of your course will be sent by return.

BOWTECH – The Original Bowen Technique

Affiliated with The Bowen Therapy Academy of Australia

The Course outline and costs.

Modules 1—7 must be taken in consecutive order

Module 1:(2 days) Bowtech procedures for lower back, upper back, neck, kidney, head.

Module 2:(2 days) Bowtech procedures for hamstrings, respiratory, shoulders, cramp

Module 3: (2 days) Bowtech procedures for pelvis, elbow & wrist, sacrum, knee. Review of previous modules.

Module 4:(2 days) Bowtech procedures for upper respiratory tract and temporo-mandibular joint, ankle & foot procedures including strapping techniques, babies & children, forearm and Bowen seated. Review of previous modules.

Module 5:(2 days) Bowtech procedures for gall bladder, chest, coccyx, additional shoulder procedures. Revision of previous modules.

Module 6:(2 days) Bowtech procedures for bed-wetting, buttock pains, bursitis, perineum, thoracic, recommendations to aid conception. Review of previous modules.

Module 7:(3 days) Review and assessment of all Bowtech procedures to assess competency. Successful candidates will receive a Diploma of proficiency from BTAA, The Bowen Therapy Academy of Australia .

Modules 8 to 12 : Continuing education modules, like specialised Bowen procedures; see page 11

Course fee:

Module 1 : \$360 + \$101,59 (tax included) for annual registration for Bowtech (the Original Bowen Technique) and to Bowen Canada Registry

Module 2 : \$360

Modules 3 to 6 : \$360 per module

Practitioner revision: \$360

Module 7 : \$540

Modules 8 to 12 : costs may vary according if international instructors.

Notes for payment of course fees:

An initial payment of \$150 secures your place 2 to 3 weeks prior to the seminar. Courses are payable in Canadian dollars.

Notes about the course

- Modules 1 and 2 are often held on consecutive weeks
- Each module thereafter will be **approximately 6–8 weeks apart with a maximum of 2 modules back to back.**
- After module 2, each module commences with a review of the previous module course work. This includes a written and practical assessment.
- A total of **50 case studies** are to be completed by the student during the course.
- The whole course takes **approximately 9 – 12 months** to complete.
- Upon successful completion of module 7, a Certificate of Proficiency will be issued on behalf of **Oswald Rentsch**, founder of The Bowen Therapy Academy of Australia.

You may enrol by completing the application form enclosed and returning it to the relevant instructor listed on page 9.

N.B If you have any concerns or questions about the course contact the instructor whose course you are planning to attend.



For up to date information on current course dates and locations see

www.bowenwork.com
www.bowencanada.ca

or write to the Bowen Canada Registry coordinator:

PIERRE SAINÉ
pierre.saine@bowencanada.ca

Application form for Training in the Original Bowen Technique

Please complete in BLOCK CAPITALS. Thank you..

First name _____ Name _____

Address _____

City _____ Province _____ Postal code _____

Telephone _____ **Email** _____

Current Occupation _____ Date of Birth _____

Anatomy & Physiology Qualification and date, school, how many hours. _____

Other Therapies/modalities (if any) _____

Do you have a First Aid Certificate? YES NO What is the expiry date? _____

Please book me in on the following course(s):

Module 1 _____ **or** _____ **(dates*)**..... **(location)**

Module 2 _____ **or** _____ **(dates*)**..... **(location)**

Have you done any previous training in The Bowen Technique? If so, please state when and with whom you trained

Where/how did you hear about this course? _____

I could bring a massage table to the course if required? OUI NON

To enable me to address your needs, please tick if any of the following apply to you:

English as a second language Dyslexia Other learning difficulties Hearing/sight impairment

A disability A serious medical condition any special needs? (please list)

I enclose my deposit of _____ \$ (A deposit of 150\$ is required to secure your place on the course)

All course fees are quoted and payable in Canadian dollars

Signed Date

**Registered Canadian Instructors of The Original Bowen Technique
with
The Bowen Therapy Academy of Australia**

Jonathan Damonte 2471 Bayswater, Vancouver, British Columbia, V6K 4N3
604-608-4295
jonathan@bewellnow.ca

Kim Dedels Guerin 4830 52 Ave. Box 3030, High Prairie, Alberta, T0G 1E0
1-888-523-0002
kdedels@yahoo.com

Derek Murphy 6855 Meadowvale Town Ctre Cr. Ste 314, Mississauga, Ontario, L5N 2Y1
905-813-6161
bowen5main@yahoo.ca

Christine Perkins PO Box 779, Bragg Creek, Alberta, T0L 0K0
403-282-9733
dr.perkins@telus.net

Louise Tremblay 7701 Henri Julien, Montreal, Québec, H2R 2B6
514-510-1319
louise.tremblay@techniquebowen.com

Anatomy and Physiology:

Nancee Rogers 6726 Main St, Newtown, OH 45244
(513) 527-4540
anatomy@bowenworkscincy.com

BOWTECH – *The Original Bowen Technique*

Affiliated with The Bowen Therapy Academy of Australia

The Bowen Therapy Academy of Australia (BTAA)

While working alongside Mr. Bowen, and with Bowen's direct input, Mr Ossie Rentsch developed notes to preserve and accurately convey Mr. Bowen's work. Ossie met the challenge of presenting Mr. Bowen's work in a structured, teachable format with highly effective, easy-to-learn sets of procedures that address a wide range of conditions throughout the body. Ossie and Elaine Rentsch formed the **BTAA** in 1987.

Registration and Benefits

Additional to the course price on Module1 is a 90\$ registration fee plus taxes (101,59\$) to cover administrative costs to the **Bowen Therapy Academy of Australia and the Bowen Canada Registry**. This covers you for the time you are a student or the maximum of a full year.

Registered students receive the following benefits:

- Four issues of « Bowens Hands », the quarterly journal of the BTAA
- Four issues of the quarterly newsletter of the Bowen Canada Registry
- Access to the « Registered Users Only » areas at **www.bowenwork.com** website, to:
 1. make sure their contact information is accurate and up-to-date
 2. participate in the message boards, asking questions of practitioners and Instructors, read ongoing discussions to learn more about how to treat particular conditions, build a practice....
 - 3 download Bowen-related forms, worksheets, and other useful documents
- In addition, **the Bowen Canada Registry** will post on its web site, details of all teaching seminars of specific interest to Canadian based students and additional post-graduate courses. Some of these include seminars by Bowtech instructors from outside Canada.
- Post-graduate courses also include the opportunity to learn directly from Ossie & Elaine Rentsch whose skill and experience cannot be equaled.

After certification, meeting the requirements for full membership and paying an annual registration fee, professional Bowen practitioners are eligible for referrals – through the office of **Bowen Canada Registry**, listings on both the Canadian and International websites and in *Bowen Hands* magazine. They may choose to post their biographies, photographs, and links to their practice/clinic's websites.

Registered BTAA Instructors

Currently there are over 72 instructors in 27 different countries worldwide, each hand-picked by Oswald & Elaine Rentsch.

They have been qualified by the BTAA to teach the Bowen Technique and are highly skilled practitioners themselves. Registered BTAA Instructors review the coursework each year with Ossie and Elaine to ensure accuracy in teaching.

It is the intention of the Academy to remain true to the original teachings of Tom Bowen.

POST GRADUATE TRAINING

Learning the Bowen Technique may be a turning point in your life. It has been for many people who have taken the course with us. From the outset you will be taught to use your newly acquired skills to help those in pain.

After you have qualified as a practitioner in **The Bowen Technique** you will be assisted to develop your skills and knowledge even further—so you may achieve your full potential in this remarkable therapy.

Therefore **the Bowen Canada Registry** offers continual professional development courses and seminars to broaden your understanding and refine your skills. As we are part of a worldwide network of practitioners we are able to draw upon the resources of a large number of very experienced Bowen instructors—many of whom have additional skills and knowledge which they bring from their previous healthcare training into the post-graduate seminars.

Seminars are run by instructors from Canada, US, UK and Australia,

Here are just some of the topics that we make available to the qualified Bowen therapist after the basic training course:

- **Practitioner Course** - Revision of all procedures within Modules 1—6 ; Presented by the leading authorities on Bowen Technique - Ossie & Elaine Rentsch and Canadian Instructors.
- **Specialised procedures 1** - Presenting some powerful specialised procedures ; Presented by the leading Canadian and US instructors – Louise Tremblay, Sandra Gustavson and Alexia Monroe.
- **Specialised procedures 2** - Presenting some powerful specialised procedures ; Presented by the leading authorities on the Bowen Technique - Ossie & Elaine Rentsch.
- **Mother & Baby** - Specific Bowen procedures adapted for the mum-to-be and the newborn infant; Presented by Rick Minnery
- **Bowen & the Emotions** - Bowen may be as powerful in healing the emotions as it is with body realignment. Presented by Margaret Spicer and Ann Schubert
- **Working with Back Pain** - A practical approach to treating different kinds of back pain, from sciatica to whiplash injuries. Includes an explanation of nerve pathways, “facilitation” of nerves, orthopaedic tests etc.. Presented by John Wilks
- **Palpation skills** - Developing further skills in the assessment of the client.
- **Presenting Bowen** - To enable a confident, convincing and entertaining presentation to help promote the Bowen Technique.

Frequently Asked Questions

How long does the course take?

Usually about nine months to complete the Basic Practitioner course. The seven modules of the course are spread fairly evenly through this period to allow for plenty of time for study and practice.

Do I need a qualification in Anatomy & Physiology (A & P) before I start training?

NO - Anatomy and Physiology is not a requirement to commence your course. **You may start your Bowen training without A&P, However it is a requirement, that you have your Anatomy & Physiology certificate before you can take Module 7 at the end of the course.**

Do I have to pay for the whole course at once?

No. The cost of the course is spread evenly throughout the nine months course.

Is this a certificate?

YES. Upon successful completion of Module 7 you will be presented with a Certificate of Competency in The Bowen Technique issued by The Bowen Therapy Academy of Australia and signed by its co-founder Oswald Rentsch. You will then be eligible to join the Bowen Canada Registry and become a registered practitioner.

Who is the Bowen Therapy Academy of Australia?

Established in 1987 by Oswald & Elaine Rentsch, the BTAA is the worldwide governing body of Bowtech therapists. The therapists registered with the BTAA adhere to a strict code of conduct in their respective countries where Bowtech Associations have been established. There are registered Bowtech therapists in more than 30 countries around the world. Many more people in countries all around the world are being taught Bowen by the Instructors of the Bowen Therapy Academy of Australia.

This makes the BTAA the largest International Bowen organisation in the world - by far!

Aren't all Bowen courses the same?

There are several people in the world including Canada now offering courses in Bowen. The Bowen Canada Registry are the only people in the Canada offering courses approved by Tom Bowen's student Oswald Rentsch.

Due to this close link to the Originator of the technique that bears his name, we believe we are unique in this regard. In post-graduate training you will be able to learn directly from Ossie & Elaine Rentsch.

The links could not be closer: Tom Bowen - Oswald & Elaine Rentsch - YOU.

Bowen Canada Registry's instructors are all tutored by Mr & Mrs Rentsch and have annual assessments as to their accuracy and technical knowledge of the Bowen Technique. This is to ensure the technique is handed to you as accurately as possible.

Most of the Bowen Canada Registry's instructors have, in the main, been practicing Bowen therapists for at least eight years and have a depth of accumulated knowledge in health care spanning many years.

Added to this the sixty years of combined knowledge of Ossie & Elaine Rentsch, the question: "Aren't all Bowen courses the same?" leaves one in no doubt as to the answer.

**“There may be few opportunities in your lifetime to become
part of
something genuinely fulfilling. For some people, learning the
Bowen Technique has become that opportunity”.**

Oswald Rentsch Co-founder of The Bowen Therapy Academy of Australia.

Bowen Canada Registry

7701 Henri Julien
Montreal, QC, H2R 2B6
Tel: 514-831-5545
Email: info@bowencanada.ca
www.bowencanada.ca

